

Curriculum Vitae  
**Nathan M. Comerford, MA**

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### **Education**

OAKLAND UNIVERSITY  
School of Education and Human Services, Rochester, Michigan  
*Master of Arts in Counseling*

WAYNE STATE UNIVERSITY  
College of Science, Detroit, Michigan  
*Bachelor of Science in Psychology*

- Cognitive psychology tract

### **Professional Licenses & Certifications**

- Licensed Professional Counselor- State of Michigan
- National Certified Counselor- National Board of Certified Counselors (NBCC)

### **Professional Experience**

THOUGHT PERSPECTIVES COUNSELING, PLLC Farmington Hills, Michigan 2007-Present  
*Psychotherapist & Owner of Private Practice*

- Conduct counseling and psychotherapy for adults, adolescents, and couples in individual, conjoint and group settings.
- Specialize in treating individuals experiencing depression, anxiety disorders, sexual dysfunctions, divorce, adjustment disorders, financial difficulties, addiction, body image problems and bipolar disorder.
- Specialize in marital and premarital counseling for couples experiencing relationship problems, sexual dysfunctions and intimacy issues.
- Conduct group therapy and various specialized support groups.

HAVENWYCK PSYCHIATRIC HOSPITAL, Auburn Hills, Michigan 2003-2005  
*Utilization Review Coordinator*

- Reviewed clinical information from the charts of 15-20 patients per day and synopsised the diagnoses, the treatment approach and the treatment recommendations to the insurance providers.
- Acted as a liaison between the psychiatrists on staff and the psychiatrists and clinical reviewers of the insurance companies.

HAVENWYCK PSYCHIATRIC HOSPITAL, Auburn Hills, Michigan 2000-2003  
*Psychiatric Care Specialist*

- Counseled adult psychiatric patients with moderate to severe psychiatric problems including schizophrenia, bipolar disorder, dual diagnosis, delusional disorder, mood disorders and anxiety disorders.
- Created and facilitated several groups for the adult unit including group therapy, didactic groups, support groups, music therapy, activity therapy and milieu meetings.

### **Volunteer Experience**

OAK POINTE CHURCH, Novi, Michigan 2008-2010  
*Group Facilitator for Adolescent Issues*

- Facilitated support groups for high school teenagers who were dealing with addictions and emotional problems on a weekly basis.

OAK POINTE CHURCH, Novi, Michigan 2010-Present  
**Group Facilitator for Couples Considering Divorce**  
▪ Facilitate groups for couples considering divorce with divorce prevention being the ultimate goal.

### **Internship & Practicum Experience**

MENTAL HEALTH RESOURCE ASSOCIATES, Farmington Hills, Michigan 2006-2007  
**Counseling Intern through Oakland University**

- Observed and conducted individual counseling sessions for patients experiencing depression, anxiety disorders, marital discord and adjustment disorders.
- Observed and co-facilitated group therapy for patients dealing with depression, anxiety disorders, bipolar disorder, marital discord sexual dysfunction, and relationship difficulties. Co-facilitated two separate co-ed groups as well as a men's group.
- Trained in the techniques and principles of conducting individual psychodynamic psychotherapy, couples counseling and group therapy in a private practice setting.
- Trained in the set-up and marketing of a private practice.

OAKLAND UNIVERSITY PRACTICUM, Auburn Hills, Michigan 2005-2006  
**Counseling Practicum Student**

- Counseled adolescent and adult patients in need of treatment for mood disorders, anxiety disorders, relationship difficulties, bipolar disorder, family problems and adjustment disorders.
- Supervised and trained in various theories and techniques of counseling and psychotherapy.

MENTAL HEALTH RESOURCE ASSOCIATES, Farmington Hills, Michigan 2000-2001  
**Psychology Intern through Wayne State University**

- Trained in the basic techniques and principles of conducting individual psychodynamic psychotherapy, couples counseling and group therapy in a private practice setting.
- Trained in the basics of the set-up and marketing of a private practice.

### **Professional Training**

COLLABORATIVE PRACTICE INSTITUTE OF MICHIGAN 2008  
**Certified Divorce Coach**

- May 8-9, 2008: Trained in alternative dispute resolution in order to coach couples through the collaborative divorce process.

STATE BAR OF MICHIGAN – LAWYERS & JUDGES ASSISTANCE PROGRAM (LJAP) 2009  
**Treatment Provider for LJAP**

- May 1, 2009: Attended treatment provider in-service for LJAP- "*Understanding the Mechanics of Monitoring. The Impaired Legal Professional in Treatment: Considerations of Care.*"

CROSS COUNTRY EDUCATION 2009

- August 28, 2009: Attended a continuing education course: "*Couples & Affairs: Managing the Clinical Challenges.*"

WAYNE STATE UNIVERSITY- Department of Psychiatry & Behavioral Neurosciences 2009

- September 25, 2009- Attended continuing education symposium: "*5<sup>th</sup> Annual Search for treatments in Early Psychoses (STEP) Symposium.*"

COLLABORATIVE PRACTICE INSTITUTE OF MICHIGAN 2010

- September 23-25, 2010: Attended an annual advanced training course: "*Advanced Negotiation Skills for Collaborative Practitioners.*"

INTERNATIONAL ACADEMY OF COLLABORATIVE PROFESSIONALS 2010

- October 29-31, 2010: "*11<sup>th</sup> Annual Networking and Educational Forum: Creating the Collaborative Connection; Commitment, Competence and Community.*"

## **Publications**

Kay, R.J., & Comerford, N.M. (2009). Help me, I'm depressed: a look at the definition of depression and resistance to treatment among lawyers and judges. *Michigan Bar Journal*, 88(9), 54-56.

Comerford, N.M. & Fishman, N. (2010). The divorce attorney's new best friend. *Michigan Family Law Journal*, 40(6), 39-41.

Comerford, N.M. & Fishman, N. (2010). The search for a qualified divorce coach. *Michigan Family Law Journal*, 40(10), 40-41.

Comerford, N.M. & Fishman, N. (2010). Handling clients who want revenge or reparations in a divorce. *Michigan Family Law Journal*, 40(11), 43-44.

## **Presentations**

Comerford, N.M. (2007). *The benefits of counseling & therapy during the three stages of divorce*. Presented monthly from 2007-2008 with the Denoyer & Ostrowski divorce attorneys at the Americenter building in Southfield, MI.

Comerford, N.M. (2009). *Depression: A closer look; Definitions, causes & treatment*. Presented at Parkside Community Church, Sterling Heights, MI July 14.

Comerford, N.M. (2009). *Addiction: The psychological nature; Causes & treatment*. Presented at Parkside Community Church, Sterling Heights, MI July 21.

Comerford, N.M. (2010). *Understanding Trauma Workshop*. Presented at Oak Pointe Church, Novi, MI November 13 & 20.

## **Professional Memberships**

- National Board of Certified Counselors
- International Association of Collaborative Professionals
- Collaborative Practice Institute of Michigan

## **Professional Organizations**

### **Secretary for the Board of Directors**

Collaborative Divorce Professionals of Southeast Michigan 2008-2010

### **Vice President for the Board of Directors**

Collaborative Divorce Professionals of Southeast Michigan 2010-Present